



To: All London Diocesan Council Presidents and Chairpersons, Christian Family Life / Community Life

CC: London Diocesan Council & OPC Christian Family Life & Community Life Chairpersons

From: Denise Lalonde-Morris, Christian Family Life

Mary Ann Horne-White, Community Life

Date: April 2020

Dear Sisters in the League:

We are focusing this year on "Loneliness". Our daily lives have definitely changed, and how we can help the lonely presents quite a challenge as we are asked to **STAY HOME!** You have shown over the years that any problem can be overcome.

The information about how to combat the COVID-19 is available but may be very overwhelming and cause distress. Please try to keep in touch with each other to help lessen the worries. Our diocese is large and diverse and will use a variety of ways to communicate.

We encourage all councils to keep in contact with each other-especially our elderly. You could make and send cards to family, friends and next door neighbours, take out those phone trees and call people on the telephone and of course use your email contacts, use face time etc. expand your prayer lines.-While talking to someone why not say a prayer(s) together. Many of us are offering to buy and deliver groceries. Please don't forget to ask about medications, and if they are being taken when needed. When you are shopping, we can also add to the local food bank donation boxes.

FYI:

- 1. The Pieta Bhavan Project (Drinking Well) India update. Our league has raised \$4,150 from across Canada for the project. The total cost is \$5,500 American, which converts to approximately \$7,425 Canadian. There is still a way to go to reach the final goal. Councils can donate by making cheques payable to the CNEWA and send to the attention of Melodie Gabriel, Development Officer, 1247 Kilborn Place, Ottawa, ON K1H 6K9, memo portion please make sure to write "CWL India"
- 2. Remember the **12 Hours of Prayer for Palliative Care** is part of National Hospice Palliative Care Week, May 4-10,2020. Please encourage your councils to participate

As this initiative falls under both Christian Family Life and Community Life these chairs may want to work together.

Please remember:

"Our Lord never gives us anything that he doesn't think we cannot handle"

May our Lady of Good Counsel guide us on our journey!

Denise Lalonde-Morris and Mary Ann Horne-White



Environment Care